

9th September, 2022

Head email head@grade-ruan.cornwall.sch.uk

School Website : www.grade-ruan.cornwall.sch.uk

Our Vision Statement

Setting sail on life's journey, with an anchor to keep us safe and sails to let us fly with God to calm the storms along the way.
Luke Chapter 8 verses 22-25

Welcome Back

Welcome back to the new school year, a week of mixed emotions as we embrace the excitement of being in new classes and seeing friends again to the sadness of the death of the Queen yesterday. As a whole school we met to pray and reflect on the life of the Queen and her years of incredible service. The children talked about their treasured memories of the Queen as we spent time celebrating her long and happy life, expressing our gratitude and love for her. Children also had time to talk about her passing in class, some choosing to draw pictures of the Queen such as the one by Elowen, Year3, below.

Over the next week of mourning we will stand together as a school family to mark our appreciation for a life of service and great dignity. Our thoughts are with the Royal Family at this sad time.

Mrs Talbot



Welcome to Grade Ruan School

A very warm welcome to our wonderful new Reception starters in Rose Class: Amelie, Elowen, Merryn, Elodie-Rae, Sol, Lola, Pip, Wylfryd, Evelyn and Tilly. Many of the children have siblings in older classes so are already well known to us.

We also welcome Darcey who joins us in Year 6 and has been enjoying making new friends in Socoa Class.

Our new TA Miss Paige Maguire also joins Socoa Class.

Welcome everyone!



Dog Poo Signs!

The winning posters have now been made into super metal signs and displayed on the Recreation Ground in an effort to stop dog poo on the field.

Thank you to Gwen Scolding and the Rec Committee for organising and funding the signs.

Let's hope they work!



Grandparent's Day—POSTPONED

Monday 19th September.

Sadly, given the current circumstances we feel we need to postpone our planned Grandparent's Day. I'm sure you understand and we will let you know a new date as soon as possible. Thank you

Music Lessons

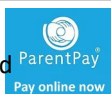
Piano & Guitar Lessons - **Mondays & Tuesdays**

Brass & Drum Lessons - **Thursdays**

If your child is interested in learning to play an instrument please speak to Mrs Walsh-Newton in the school office.

Dinner Money

Please can you check your child's Parentpay account and clear any monies owing before we break up on Friday.



Diary Dates

Mon 3rd Oct	-	Whole School Flu Immunisations
Frid 14th Oct	-	Harvest Festival, 9.15am in the Church
Weds 19th Oct	-	Tempest Individual Photographs
Mon 24th—		
Fri 27th Oct	-	Autumn Half-Term
Thurs 8th Dec	-	Xmas Performance, 2pm & 6pm
Thurs 15th Dec	-	Christmas Party Day
Fri 16th Dec	-	Last Day of the Autumn Term, Service in the Church at 9.15am

Community Larder

The Community Larder will be at the school gates every Wednesday from 3—4pm. Bring a bag and help yourself! Everyone is welcome.



HAPPY BIRTHDAY



Birthday wishes to:-
Tillie

PE—Mondays

PE has changed to a Monday from now on with our new Sport's Coach Mr Ethan Fearn joining us next week. Please can children continue to come to school on PE day dressed in their PE kit—blue t-shirt and dark coloured joggers or shorts. Thank you.

School Meal Prices

We have recently received the news that Chartwells school meal prices will increase to £2.41 in September. We will be on week 3 when we return on Weds 7th.

If your child is moving into year 3, may we remind you that they will no longer be eligible for the governments Universal Free School Meal scheme and if they wish to have a school lunch it will be charged at £2.41 unless they are eligible for a free school meal anyway. Payment for school meals should be made on Mondays covering the number of meals to be taken during the coming week or on the day required. We use Parentpay at Grade Ruan to pay for school dinners as well as trips etc. Please contact the office if you need a login.

If you prefer to send your child with a packed lunch, please remember that we encourage the children to adopt a health lifestyle and ensure that the packed lunches are nutritionally well balanced:-

- That it comes in a strong container with a lid
- That the lunch box and drinks bottle is labelled
- That water only is provided in the drinks bottle
- That glass bottles are not sent into school

We provide a free daily piece of fruit/vegetable for the children in Reception, Yr 1 and Yr 2 but you may like to send in a piece for your child when they reach Yr 3—Yr 6. Crisps and chocolate may only be eaten as part of a packed lunch and not provided for snacks at any other time of the day.

WEEK 3					W/C: 02/05 23/05 13/06 04/07 25/07 05/09 26/09 17/10				
HOT SPECIALS...		DAILY FAVES...		SIDES...		PICK A PUD!			
MONDAY	Macaroni Cheese Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce	Vegetarian Sausage with Mashed Potato and Gravy Veggie sausage and mash with rich gravy	Packed Lunch See below for details Jacket Potatoes A choice of hot and cold fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Peas and Carrots	Oaty Biscuit with Fresh Cut Fruit Slices				
TUESDAY	Allegra's Chilli Con Chicken and Sweet Potato Bake Baked wedges of sweet potato, topped with tomato chicken & tortilla crunchies	Allegra's Cheesy Peasy Risotto Bake A delicious baked cheesy, pea risotto	Packed Lunch See below for details Jacket Potatoes A choice of hot and cold fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Broccoli and Green Beans	Carrot Cake with Citrus Frosting				
WEDNESDAY	Tender Roast Gammon with Roast Potatoes & Gravy Tender roast gammon with fluffy roasties and tasty gravy	Quorn Roast with Roast Potatoes and Gravy Delicious Quorn roast with fluffy roasties and tasty gravy	Packed Lunch See below for details Jacket Potatoes A choice of hot and cold fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Carrots and Cabbage	Strawberry Ice Cream				
THURSDAY	Beef Meatballs in Tomato Sauce with Pasta Delicious beef meatballs in a tasty tomato sauce with pasta	Veggie Lasagne served with a Bread Wedge Delicious sheets of pasta layered with veggies and tomato sauce	Packed Lunch See below for details Jacket Potatoes A choice of hot and cold fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Broccoli and Sweetcorn	Chocolate Sponge Cake				
FRIDAY	Southern Fried Chicken Tasters with Chips Lightly seasoned crispy chicken strips and scrummy chips	Veggie Soft Taco and Chips A soft taco shell filled with a yummy veggie tomato chilli	Packed Lunch See below for details Jacket Potatoes A choice of hot and cold fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Baked Beans and Peas	Cheese & Biscuits				

THREE WEEK MENU

SPRING/SUMMER 2022

OUR NEW MENU CHOSEN BY PARENTS AND CHILDREN

YOUR FAVOURITES AVAILABLE EVERY DAY



WEEK 1					W/C: 18/04 09/05 20/06 11/07 12/09 03/10				
HOT SPECIALS...		DAILY FAVES...		SIDES...		PICK A PUD!			
MONDAY	Veggie Burrito A soft wrap filled with lightly spiced veggies and rice	Macaroni Cheese Traditional Mac 'N' Cheese, delicious macaroni in a creamy cheese sauce	Packed Lunch See below for details Jacket Potatoes A choice of hot and cold fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Green Beans and Sweetcorn	Raspberry Ripple Ice Cream				
TUESDAY	Allegra's BBQ Chicken Burger, Corn and Pineapple Relish with Potato Wedges BBQ chicken breast burger with zingy corn relish	The Incredible Burger served with Potato Wedges Meatless burger in a soft bap with ketchup	Packed Lunch See below for details Jacket Potatoes A choice of hot and cold fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Sweetcorn and Broccoli	Brownie				
WEDNESDAY	Roast Chicken with Roast Potatoes & Gravy Succulent roast chicken with fluffy roasties and tasty gravy	Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy A chunky sweet potato and chickpea roast	Packed Lunch See below for details Jacket Potatoes A choice of hot and cold fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Carrots and Cabbage	Shortbread Biscuit with Fresh Cut Fruit Slices				
THURSDAY	Beef Bolognese A classic Italian beef bolognese in a yummy tomato sauce	Quorn Hot Dog with Potato Wedges A delicious Quorn hot dog	Packed Lunch See below for details Jacket Potatoes A choice of hot and cold fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Broccoli and Sweetcorn	Banana & Apricot Flapjack with Fruit Slices				
FRIDAY	Golden Fish Fingers and Chips Crispy fish fingers with scrummy chips	Quorn Nuggets and Chips Crispy Quorn nuggets with their fave sauce - ketchup	Packed Lunch See below for details Jacket Potatoes A choice of hot and cold fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Baked Beans and Peas	Chocolate & Raspberry Swirl Cake				

WEEK 2					W/C: 25/04 16/05 06/06 27/06 18/07 19/09 10/10				
HOT SPECIALS...		DAILY FAVES...		SIDES...		PICK A PUD!			
MONDAY	Veggie Bolognese Yummy veggie Bolognese with pasta	Cheese and Tomato Pizza Cheesy tomato topped pizza slice	Packed Lunch See below for details Jacket Potatoes A choice of hot and cold fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Cucumber Sticks and Carrot Sticks	Flapjack with Fruit Slices				
TUESDAY	Allegra's Asian Sticky Noodles Chicken and vegetables in sweet sauce with noodle	Allegra's Fruity Cous Cous With Mint Yoghurt and Pilita Crisps	Packed Lunch See below for details Jacket Potatoes A choice of hot and cold fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Cauliflower and Peas	Orange Shortbread with Fruit Slices				
WEDNESDAY	Roast Turkey with Roast Potatoes & Gravy Roast turkey with fluffy roasties and tasty gravy	Creamy Vegetable Pie with Roast Potatoes and Gravy Creamy vegetable pie with a cheesy shortcrust topper	Packed Lunch See below for details Jacket Potatoes A choice of hot and cold fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Cabbage and Carrots	Raspberry Yoghurt Cake				
THURSDAY	Beef Lasagne with a Garlic & Herb Bread Wedge A classic Italian layered pasta dish with beef mince	Mild Chickpea and Potato Curry with Rice Tasty chickpea and potato curry served with rice	Packed Lunch See below for details Jacket Potatoes A choice of hot and cold fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Mixed Salad	Fruity Chocolate Brownie				
FRIDAY	Battered Fish Fillet with Chips	Tomato Veggie Burger with Chips A delicious veggie burger in a soft bap with chips	Packed Lunch See below for details Jacket Potatoes A choice of hot and cold fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Peas and Baked Beans	Vanilla Ice Cream				